



Cardiology Associates, Inc.

You are scheduled to have a **DOBUTAMINE STRESS ECHOCARDIOGRAM** at the office of Cardiology Associates, Inc. in the South Bend Office:

DESCRIPTION:

A Stress Test is done when the physician wants to see how your heart functions when it is forced to work harder than it typically does or when it is at rest. A Dobutamine Stress Test is a way to obtain the same information for people who can't walk on a treadmill. A medication called "Dobutamine" is given through an IV in your hand or arm to make the heart work harder without walking on a treadmill. An Echocardiogram, or ultrasound of the heart, is done before, during and after you receive the Dobutamine. The echo shows the heart chamber, muscles, valves and size of your heart. Using Doppler we also look and listen to the blood flow through the heart valves. Depending on how "photogenic" you are, we might need to use a contrast agent to help us visualize your heart muscle. If so, the contrast agent (a type of medication) would be injected through the IV. A cardiologist will review and interpret your echo. A report will be sent to the physician who ordered the test. **Family members will not be allowed in the room during testing.**

TIME: Allow 1½ hours.

PREP:

1. **DO NOT** smoke or consume any caffeine 4 hours prior to the test.
2. You may eat a light meal finishing 2 hours prior to the test.
3. **DO NOT** wear any creams, oils, lotions or powders on the chest area. (Deodorant is okay!)
4. **DO** wear comfortable two-piece clothing.
5. We might shave parts of your chest area so the electrodes will adhere better to your skin.
6. **VERY IMPORTANT: If you are taking a beta-blocker medication (see list below) contact the physician who ordered this test AT LEAST 3 DAYS PRIOR TO TESTING. You need further instructions regarding these medications which may affect the results of your test.**
- 7.

BETA BLOCKER MEDICATIONS

Brand Name	Generic Name
Blocadren	Timolol
Coreg	Carvedilol
Corgard	Nadolol
Corzide	Nadolol & Hydrochlorothiazide (HCTZ)
Inderal	Propranolol
Inderide	Inderal & Hydrochlorothiazide (HCTZ)
Kerlone	Betaxolol
Levatol	Penbutolol
Lopressor	Metoprolol
Normodyne	Labetalol
Timolide	Timolol & Hydrochlorothiazide (HCTZ)
Tenoretic	Tenormin & Hydrochlorothiazide (HCTZ)
Tenormin	Atenolol
Toprol XL	Metoprolol
Trandate	Labetalol
Visken	Pindolol
Zebeta	Bisoprolol
Ziac	Zebeta

EYE DROP MEDICATIONS

Brand Name	Generic Name
Betagan	Levobunolol
Betoptic	Betaxolol
Timoptic	Timolol

OTHER MEDICATIONS

***THESE MEDICATIONS
SHOULD NOT BE TAKEN
24 HOURS PRIOR TO TESTING**

- * Viagra
- * Cialis
- * Levitra